



Road Cycling – Summary of Rules

The road cycling events of the UK School Games shall be held under the Technical Regulations of British Cycling. Unless otherwise stated below, the conduct of each event shall be the same as that for the National Championships.

The following information is a summary of the key details of each event. In the case of any ambiguity or other dispute requiring interpretation of the rules, the decision of the Chief Commissaire, taken in conjunction with the Organiser, shall be final.

General information

- There shall be separate boys and girls events for each of the races listed below.
- There shall be no restriction on how many events any given rider may enter, and the programme shall be arranged such that every rider may enter every event.
- The winners of each event shall be entitled to call themselves the UK School Champions. Gold, Silver and Bronze medals shall be awarded for each event as listed below.

Equipment

- All riders, regardless of the racing licence they hold, shall conform to 'Youth A' equipment regulations.
- Riders are only permitted to use one bike throughout the Games (this includes in competition and training / warming up). Wheels must have a minimum of 16 spokes. Disk wheels and Tri-bars are not permitted in any of the events.
- Aero helmets are permitted, but must conform to the safety standards in the Technical Regulations.

Events

- Individual Criterium - Held over approximately 30-45 minutes. Medals awarded to top 3 individual riders.
- Team Criterium - Held over approximately 30-45 minutes. Medals awarded to top 3 teams.
- Individual Time Trial - Held over approximately 5-10 km. Medals awarded to top 3 individual riders.
- Team Time Trial - Held over approximately 10-20 km. Medals awarded to top 3 teams.
- Road Race - Held over approximately 40-60 km. Medals awarded to top 3 individual riders and top 3 teams. Team cars are not permitted. Neutral service will be provided for all teams.

For the Team Criterium and Road Race events, the team result shall be determined by the sum of the positions of the three highest placed individual riders on each team; the lowest total wins. If there is a tie, the winner shall be the team with the highest placed individual rider.

Teams should note that each of the 3 courses (criterium, time trial and road race) are undulating and technically demanding with frequent short, but steep, climbs and descents. The road surfaces vary across the courses and teams are advised not to race on lightweight tyres.

Inter-Regional Road Championships

- The Inter-Regional Road Championship shall be awarded to the best performing region / nation overall.
- The winner shall be determined on a "Team Omnium" basis with the complete rankings from all 12 medal events counting towards the regions / nations total.
 - For individual events, the points scored shall be the total of the positions of the highest placed three riders on their team (1 point for 1st place, 2 points for 2nd etc).
 - For team events, the points scored shall be three times the teams position (i.e. 3 points for 1st place, 6 points for 2nd etc).
 - If a rider does not finish a race, they shall be placed behind all those that do. If there are multiple riders who fail to finish, they shall be placed in the reverse order in which they withdraw from racing.
 - If a team is unable to put forward a rider / team to take the start for any given event, they shall be awarded a placing five greater than the number of riders / teams who do start (i.e. it is significantly better to field a rider / team and come last, than not compete at all).
- The lowest total wins. If there is a tie, the winner shall be the team placing higher in the final event. If there is still a tie, the winner shall be the team placing higher in the penultimate event and so on.